

Halbmarathon

Platz	Nr.	Name	Verein	AK	Platz AK	Zeit
1	126	Camminady, Thomas	Aachener TG	M	1	01:17:37
2	137	Kott, Georg	LC Rapid Dortmund	M55	1	01:20:27
3	156	Knode, Felix	Marathon-Club Menden	M	2	01:21:29
4	129	Maul, Christian	Ejot Team TV Buschhütten	M45	1	01:25:02
5	104	Sartory, Markus		M45	2	01:27:44
6	141	Heitbreder , Volker	LG Deiringsen	M45	3	01:28:44
7	208	Eickelmann, Karsten	BSG JVA Taxi Hagen	M45	4	01:29:11
8	187	Ebe, Guido	TV Deilinghofen	M40	1	01:29:23
9	160	Sorge, Tobias	Marathon-Club Menden	M40	2	01:29:51
10	223	Daniels, Eric	Marathon-Club Menden	M40	3	01:34:37
11	150	Plesnik, Marko	Lüttringhauser TV	M45	5	01:35:28
12	117	Meisel, Andreas		M50	1	01:35:36
13	224	Glasow, Andreas	LT TUS Iserlohn	M55	2	01:36:02
14	219	Heunemann, Ansgar	HSG Menden-Lendringsen	M	3	01:36:32
15	195	Kolk, Thomas	Wacker Neuson/ LGDeiringsen	M50	2	01:36:37
16	168	Schlünder, Thomas	Marathon-Club Menden	M50	3	01:37:09
17	163	Quincke, Anja	Marathon-Club Menden	W40	1	01:37:34
18	209	Krämer, Christoph	LTV Letmathe	M45	6	01:38:16
19	153	Isenberg, Andreas	Marathon-Club Menden	M45	7	01:39:06
20	210	Böhnke, Jürgen	LG Deiringsen	M45	8	01:41:59
21	135	Graeber, Jürgen	LAC Langenhagen	M65	1	01:42:15
22	204	Krüger, Jan		M45	9	01:42:49
23	235	Beick, Uwe	BSG Springorum Bochum	M50	4	01:43:45
24	143	Greune, Timo	LG Deiringsen	M40	4	01:44:34
25	185	Wiebke, Lars	TuS Jahn Werdohl	M40	5	01:44:54
26	220	Flor, Lukas	HSG Menden-Lendringsen	M	4	01:45:03
27	165	Just, Michael	Marathon-Club Menden	M45	10	01:45:12
28	205	Fischer-Behnon, Achmi	LG Hamm	M60	1	01:45:22
29	115	Lange, Dieter		M55	3	01:45:25
30	196	Ilgert, Juliane	Marathon-Club Menden	W	1	01:45:39
31	234	Mertens, Burkhard	SC Sorpese	M50	5	01:46:04
32	173	Stiekema, Han	RCL98	M65	2	01:46:11
33	178	Nauy, Siegfried	Solargenossenschaft Uni Bremen	M30	1	01:46:42
34	128	Olejniczak, Stefan	Continental Dortmund	M60	2	01:47:36
35	171	Aarden, Adriaan	RCL 98	M55	4	01:48:12
36	182	Müller, Ralf-Bernhard	Tri Club Wuppertal	M50	6	01:48:54
37	113	Hübner, Jörg		M50	7	01:49:12
38	222	Hertin, Kevin		M	5	01:49:21
39	123	Gollan, Robin		M	6	01:50:35
40	109	Müller, Denis		M40	6	01:50:37
41	114	Porada, Michael		M	7	01:51:10
42	213	Heyen, Nicole	VFL Frönden	W40	2	01:51:10

43	226	Cöppicus, Christian		M50	8	01:51:12
44	164	Lau, Stephan	Marathon-Club Menden	M50	9	01:51:18
45	186	Hesse, Thomas	Tus08-Bilstein	M45	11	01:51:22
46	233	Reisloh, Verena		W35	1	01:51:39
47	225	Börsken, Markus	Marathon Club Menden	M45	12	01:51:57
48	176	Goeke, Thomas	Sanitätshaus Dameris Menden	M50	10	01:52:06
49	134	Jansen, Julia	Iserlohner Triathlon Team	WJ U20	1	01:52:12
50	158	Fildhaut, Stefan	Marathon-Club Menden	M35	1	01:52:12
51	130	Ott, Swantje	Hammer Sportclub 2008	W	2	01:53:36
52	162	Schäfer, Christian	Marathon-Club Menden	M45	13	01:53:54
53	217	Bernard, Herbert	LT TUS Iserlohn	M50	11	01:54:04
54	105	Knauf, Katrin		W40	3	01:54:04
55	170	Van Dijk, Ed	RCL 98	M60	3	01:54:19
56	181	Zöllner, Stefan	SZ MTB Racing 1986	M45	14	01:54:52
57	193	Kesper, Stephanie	VFL Fröndenberg	W30	1	01:55:05
58	227	Sabisch, Rawer		M45	15	01:55:18
59	212	Ladwig, Susann	LG Deiringsen	W40	4	01:55:57
60	124	Lamprecht, Holger		M50	12	01:56:23
61	194	Kesper, Ralf	VFL Fröndenberg	M45	16	01:56:45
62	215	Kloppenber, Harry	RCL Holland	M60	4	01:57:07
63	202	Hinds-Potthoff, Belinda		W40	5	01:57:39
64	140	Hanitzsch, Steffen	LG Deiringsen	M45	17	01:57:59
65	229	Mansfeld, Lukas		M30	2	01:58:00
66	121	Rogoll, Wibke		W40	6	01:58:07
67	166	Sommer, Andre	Marathon-Club Menden	M45	18	01:58:29
68	232	Zissis, Panagiotis		M40	7	01:58:33
69	101	Perge, Katharina		W30	2	01:58:39
70	102	Zester, Simone		W50	1	01:59:05
71	203	Lübke, Sonja	MSV 03	W40	7	01:59:40
72	103	Perge, Petar		M60	5	01:59:45
73	211	Ladwig, Maik	LG Deiringsen	M45	19	01:59:57
74	201	Grothe, Winfried	TuS Lendringsen	M50	13	02:00:21
75	142	Voß, Stefanie	LG Deiringsen	W35	2	02:00:34
76	228	Papadias, Babi		M40	8	02:00:43
77	108	Bendik, Joachim		M55	5	02:01:05
78	157	Linnenkamp, Sandra	Marathon-Club Menden	W30	3	02:01:07
79	221	Honert, Uwe	TV Deilinghofen	M45	20	02:01:12
80	190	Flor, Christian	TV Deilinghofen	M50	14	02:01:20
81	179	Koerdt, Markus	SPENDEN-SPEED by Koerdt	M40	9	02:01:21
82	111	Stascheit, Timo		M40	10	02:01:47
83	174	Homma, Pieter	RCL98	M50	15	02:02:36
84	216	Luczak, Peter	LT TUS Iserlohn	M50	16	02:03:00
85	184	Harras, Wolfgang	TUS Iserlohn	M55	6	02:03:00
86	148	Kruse, Simone	LT TUS Iserlohn	W40	8	02:03:00
87	149	Grunewald, Angela	LT TUS Iserlohn	W40	9	02:03:00

88	132	Stöhr, Uli	Hansa Hemberg	M55	7	02:03:50
89	152	Janssen, Niklas	Löhne Retro Runners	MJ U20	1	02:05:01
90	151	Janssen, Arnd	Löhne Retro Runners	M50	17	02:05:07
91	230	Hesse, Dieter		M65	3	02:05:18
92	214	Heyen, Andreas	VFL Fröndenberg	M45	21	02:05:39
93	188	Herget, Michael	TV Deilinghofen	M50	18	02:06:09
94	189	Rutledge, Kai	TV Deilinghofen	M45	22	02:06:13
95	175	Pavlovic, Andrea	Ruhrpower	W45	1	02:06:41
96	183	Luther, Anke	Tri Sport Menden	W40	10	02:06:52
97	131	Ott, Marita	Hammer Sportclub 2008	W55	1	02:07:02
98	207	Störmer, Manfred		M50	19	02:08:53
99	200	Nitsche, Doris	Turbo-Schnecken Lüdenscheid	W55	2	02:09:23
100	231	Wiegand, Tim	GPS Bergkamen	M	8	02:09:56
101	118	Scheppmann, Kerstin		W50	2	02:10:02
102	145	Görlich, Nina	LG Hückeswagen	WJ U20	2	02:10:44
103	146	Mengel, Frank	LG Hückeswagen	M55	8	02:10:45
104	100	Hohmann, Matthias		M50	20	02:10:55
105	144	Görlich, Jan	LG Hückeswagen	M55	9	02:10:57
106	133	Ronzon-Simon, Daniela	Hundefreunde Menden	W40	11	02:11:43
107	154	Pasic, Martin	Marathon-Club Menden	M55	10	02:11:55
108	119	Golec, Elena		W30	4	02:13:14
109	218	Stecken, Mathis	SG Menden Sauerland	M	9	02:14:30
110	122	Siering, Dirk		M55	11	02:14:54
111	120	Echtermann, Sabine		W45	2	02:15:06
112	116	Brumm, Thorsten		M30	3	02:15:23
113	192	Peschel, Manfred	VFL Platte Heide Menden	M70	1	02:16:59
114	106	Prott, Jürgen		M60	6	02:21:11
115	197	Frau, Nikole		W30	5	02:22:37
116	198	Huchtemeier, Yan		M30	4	02:22:37
117	147	Kirchheiner, Rolf	LGI	M60	7	02:23:59
118	167	Herzig, Jessica	Marathon-Club Menden	W	3	02:25:55
119	199	Gerkensmeier, Silke		W50	3	02:56:13