

31. Menden Marathon

M

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|---------------|---------------------|----|----------|----------|
| 1 | 16 | Ruhe, Michael | LG Olympia Dortmund | M | 1 | 02:43:59 |

M35

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|--------------------|----------------------|-----|----------|----------|
| 3 | 24 | Nottebohm, Michael | Marathon-Club Menden | M35 | 1 | 03:02:19 |
| 11 | 22 | May, Bastian | Marathon-Club Menden | M35 | 2 | 03:26:02 |
| 17 | 26 | Poloschek, Manfred | Marathon-Club Menden | M35 | 3 | 03:35:34 |

M40

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|------------------|-------------------------|-----|----------|----------|
| 4 | 8 | Serra, Joan | | M40 | 1 | 03:02:42 |
| 7 | 52 | Koenig, Sascha | TSV Kabel 1882 | M40 | 2 | 03:07:19 |
| 13 | 20 | Müller, Jörg | LT Wischlingen Dortmund | M40 | 3 | 03:29:04 |
| 18 | 6 | Ishida, Masafumi | | M40 | 4 | 03:36:08 |
| 20 | 12 | Dumke, Holger | BSG WAZ Medien | M40 | 5 | 03:39:15 |
| 28 | 41 | Werbonat, Jens | DUV | M40 | 6 | 03:58:35 |

M45

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|-------------------|---|-----|----------|----------|
| 19 | 28 | Kolonko, Peter | Marathon-Club Menden | M45 | 1 | 03:37:04 |
| 27 | 60 | Wahl, Thomas | Team Egger Brilon | M45 | 2 | 03:55:36 |
| 29 | 42 | Groß, Michael | Ultra-Team-Tortour | M45 | 3 | 03:58:35 |
| 31 | 10 | Schwarz, Volker | Alte Bürgerschützengilde Recklinghausen v.1387 | M45 | 4 | 04:09:08 |
| 33 | 51 | Spengler, Thomas | | M45 | 5 | 04:14:31 |
| 40 | 33 | Semmelroth, Gerno | TEA / www.Bilstein-Marathon.de | M45 | 6 | 04:23:42 |

M50

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|--------------------|----------------------|-----|----------|----------|
| 2 | 53 | Haarmann, Peter | SF Ennepetal | M50 | 1 | 03:02:00 |
| 6 | 23 | Schöne, Burkhard | Marathon-Club Menden | M50 | 2 | 03:04:33 |
| 9 | 50 | Chittka, Jörg | Ratingen | M50 | 3 | 03:19:15 |
| 10 | 59 | Krauss, Roland | Lauftreff KA-BA | M50 | 4 | 03:19:18 |
| 12 | 38 | Wanske, Thomas | Marathon-Club Menden | M50 | 5 | 03:26:07 |
| 15 | 17 | Meisel, Andreas | | M50 | 6 | 03:29:30 |
| 22 | 31 | Krott, Christoph | SV Viktoria Goch | M50 | 7 | 03:47:19 |
| 25 | 5 | Bökenkötter, Peter | | M50 | 8 | 03:51:55 |
| 26 | 34 | Traeder, Andreas | TG Werste | M50 | 9 | 03:54:16 |
| 34 | 56 | Störmer, Manfred | | M50 | 10 | 04:19:43 |

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| 35 | 58 | Rosenfeld, Jürgen | Sportler 4a childrensworld | M50 | 11 | 04:20:11 |
| 37 | 19 | Polzien, Matthias | Lt Hengsteysee | M50 | 12 | 04:22:42 |
| 45 | 46 | Konradt, Jochen | | M50 | 13 | 04:54:13 |

M55

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|----------------------|------------------------|-----|----------|----------|
| 16 | 14 | Trzcinski, Kazimierz | GAH Alberts | M55 | 1 | 03:34:18 |
| 23 | 4 | Hassiepen, Jörg | | M55 | 2 | 03:47:33 |
| 36 | 13 | Müller, Arno | Die Ruhrpotts Dortmund | M55 | 3 | 04:20:51 |
| 38 | 48 | Binias, Jörgen | LC - Duisburg | M55 | 4 | 04:23:30 |
| 41 | 9 | Junker, Gerd | 100 Marathon Club | M55 | 5 | 04:24:32 |
| 42 | 55 | Bremer, Andreas | Tri Team TG Witten | M55 | 6 | 04:28:21 |
| 43 | 49 | Nothstein, Michael | FC Deutsche Post | M55 | 7 | 04:37:06 |
| 49 | 2 | Waschkewitz, Klaus | | M55 | 8 | 05:29:34 |

M60

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|-----------------|----------------------|-----|----------|----------|
| 8 | 57 | Lämmlein, Franz | LLG St. Augustin | M60 | 1 | 03:18:19 |
| 14 | 29 | Madry, Norbert | SF Blau-Gelb Marburg | M60 | 2 | 03:29:19 |
| 46 | 43 | Fensky, Ulrich | LT Mythos Stolberg | M60 | 3 | 04:58:19 |
| 47 | 44 | Weber, Dietmar | LT Mythos Stolberg | M60 | 4 | 04:58:34 |
| 50 | 36 | Kater, Werner | TSV Fuhlen | M60 | 5 | 05:50:02 |

M65

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|------------------|----------------------|-----|----------|----------|
| 21 | 25 | Kruse, Hansgeorg | Marathon-Club Menden | M65 | 1 | 03:39:54 |
| 24 | 27 | Kemper, Erhard | Marathon-Club Menden | M65 | 2 | 03:47:40 |

M70

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|-----------------|---------------|-----|----------|----------|
| 32 | 45 | Hempel, Hartmut | LSF-Unna-2000 | M70 | 1 | 04:13:41 |

W45

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|-----------------|-----------|-----|----------|----------|
| 5 | 30 | Wied, Ramona | SG Wenden | W45 | 1 | 03:03:10 |
| 48 | 7 | Wilhelm, Frauke | | W45 | 2 | 05:11:02 |

W50

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|------|--------|----|----------|------|
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| 30 | 3 | Zamperoni, Dörte | | W50 | 1 | 04:05:28 |
| 39 | 47 | Konradt, Marion | | W50 | 2 | 04:23:30 |

W65

| Platz | Nr. | Name | Verein | AK | Platz AK | Zeit |
|-------|-----|-----------------|-------------------|-----|----------|----------|
| 44 | 18 | Suwelack, Julia | LSF Münster | W65 | 1 | 04:42:33 |
| 51 | 54 | Scheer, Karin | TV Kleinwiedenest | W65 | 2 | 05:58:59 |