

## 5. Halbmarathon

Platz	Nr.	Name	Verein	AK	Platz AK	Zeit
1	168	Henseleit, Philipp	Marathon-Club Menden	M	1	01:13:43
2	130	Camminady, Thomas	Aachener TG	M	2	01:16:01
3	100	Knode, Felix	Marathon-Club Menden	M	3	01:16:40
4	194	Wilmes, Heiko	TV Refrath	M45	1	01:23:29
5	204	Gläßer, Harald	Laufmonster SG Zons	M45	2	01:23:39
6	154	Tober, Niklas	LG Puddingschuh	M	4	01:24:17
7	174	Lienhart, Laura	SG Wenden	W30	1	01:25:45
8	152	Beulertz, Andreas	LG Hamm-Kamen-Holzwickede	M	5	01:25:46
9	183	Ebe, Guido	TV Deilinghofen	M40	1	01:26:05
10	160	Dilla, Wolfgang	LV Oelde	M50	1	01:27:08
11	180	Kostorz, Ole	Tri Sport Menden	M30	1	01:27:11
12	165	Niemietz, Stefan	Marathon-Club Menden	M30	2	01:27:38
13	107	Schuster, Malte		M40	2	01:28:16
14	167	Sorge, Tobias	Marathon-Club Menden	M40	3	01:29:37
15	177	Adams, Jan	Sv Eintracht Berglern	M	6	01:30:03
16	147	Emmerichs, Christian	Lauftreff Hochschulsport Bochum	M	7	01:31:45
17	171	Prause, Thomas	Marathon-Club Menden	M35	1	01:34:09
18	161	Plesnik, Marko	Lüttringhauser TV	M45	3	01:34:42
19	111	Steber, Roland		M40	4	01:34:46
20	162	Schlünder, Thomas	Marathon-Club Menden	M50	2	01:35:05
21	187	Fischer, Robin	Uni Paderborn	M	8	01:36:01
22	184	Rutledge, Kai	TV Deilinghofen	M45	4	01:36:18
23	159	Krämer, Christoph	LTV Letmathe	M40	5	01:36:37
24	151	Kolk, Thomas	LG Deiringsen	M50	3	01:37:06
25	193	Krüger, Jan		M45	5	01:37:08
26	169	Pietryka, Miko		M55	1	01:38:19
27	173	Goeke, Thomas	Sanitätshaus Dameris Menden	M45	6	01:38:56
28	216	Just, Michael	Marathon-Club Menden	M45	7	01:39:40
29	172	Hoff, Klaus	Marathon-Club Menden	M55	2	01:39:40
30	178	Loewe, Dieter	SV Fischbach	M45	8	01:39:57
31	164	Isenberg, Andreas	Marathon-Club Menden	M45	9	01:40:11
32	124	Hömborg, Stefan		M30	3	01:40:14
33	153	Strube, Joachim	LG Lage-Detmold-Bad Salzuflen	M70	1	01:40:30
34	197	Wille, Jan		M	9	01:41:26
35	110	Müller, Ralf-Bernhard		M50	4	01:41:51
36	106	Poloschek, Gerd		M35	2	01:42:35
37	105	Spreng, Sören		M	10	01:43:12
38	148	Föhring, Lars	Lauftreff Hochschulsport Bochum	M	11	01:43:23
39	185	Hausstein, Sabine	TV Niederschelden	W55	1	01:43:25

40	218	Wilmes, Michael	DJK Bonzel	M45	10	01:44:17
41	182	Honert, Uwe	TV Deilinghofen	M45	11	01:45:03
42	156	Zimmer, Heinrich	LT Sümmeren	M60	1	01:45:08
43	200	Windau, Norbert	LG Burg Wiedenbrück	M55	3	01:45:30
44	206	Kutz, Elke	TuS Lendringsen	W45	1	01:45:45
45	155	Kleffner, Werner	LT Elsen-Wewer	M60	2	01:45:48
46	127	Rudolph, Tobias		M30	4	01:45:50
47	157	Bernard, Herbert	LT Tus Iserlohn	M50	5	01:45:53
48	122	Mertens, Josef		M50	6	01:45:56
49	192	Brunert, Frank		M40	6	01:46:34
50	181	Rensmann, Fritz	Trinitas Dortmund	M50	7	01:46:42
51	215	Ilgert, Juliane		W	1	01:46:47
52	109	Krieger, Hans-Joachim		M55	4	01:47:33
53	131	Krüntzer, Andreas	Druckguss Westfalen	M40	7	01:47:34
54	186	Raabe, Markus	TV Ostwig/Druckguss Westfalen	M40	8	01:47:34
55	104	Pientka, Thilo		M40	9	01:47:44
56	166	Pasic, Martin	Marathon-Club Menden	M55	5	01:47:54
57	136	Schinnerling, Olaf	flexx-Logistik GbR	M45	12	01:48:35
58	118	Aßmann, Silke		W40	1	01:48:36
59	211	Spanke, Sabrina	Marathon-Club Menden	W	2	01:49:04
60	212	Kallinich, Markus	DJK Grün-Weiß Werl	M45	13	01:49:22
61	149	Schremmer, Isabell	Lauftreff Hochschulsport Bochum	W	3	01:51:28
62	210	Cöppicus, Christian		M50	8	01:51:31
63	101	Roth, Dieter		M55	6	01:51:49
64	120	Potthoff, Peter		M40	10	01:52:09
65	150	Müller, Kerstin	Lauftreff R(h)einknaller	W35	1	01:53:13
66	158	Jauert, Ariane	LT Tus Iserlohn	W40	2	01:54:14
67	140	Blume, Walter	LAC Veltins Hochsauerland	M55	7	01:54:14
68	170	Neitzke, Patrick	Marathon-Club Menden	M30	5	01:55:57
69	129	Hartmann, Ralf	0815 vorwärts	M45	14	01:56:35
70	133	Baukowitz, Anna Lena	Feuerwehr Menden	WJ U20	1	01:56:49
71	113	Schuster, Sabine		W40	3	01:56:52
72	208	Müller, Andrea	DJK GW Werl	W50	1	01:57:31
73	205	Kutz, Christian	Stadtwerke Menden	M50	9	01:57:32
74	209	Rohr, Anja	Adler-Langlauf Bottrop	W40	4	01:57:34
75	196	Stascheit, Timo		M35	3	01:57:53
76	189	Peschel, Manfred	VfL Platte Heide	M70	2	01:58:10
77	121	Werner, Joachim		M60	3	01:59:01
78	116	Dr. Haunschild, Alexander		M45	15	01:59:21
79	201	Menze, Michael	TTC Kalthof 1958 e.V.	M40	11	02:00:13
80	219	Oberste-Lehn, Thomas	Waldmeister	M50	10	02:00:16
81	141	Hartlich, Klaus	LAC Veltins Hochsauerland	M55	8	02:00:33
82	179	Pavlovic, Andrea	Team Ruhrpower	W40	5	02:00:37
83	143	Bonin, Monika	Lauf Team Unna	W65	1	02:00:51

84	221	Wollney, Detlef		M50	11	02:01:01
85	135	Döinghaus, Mark	Feuerwehr Wuppertal	M40	12	02:01:34
86	134	Hergert, Eugen	Feuerwehr Plettenberg	M35	4	02:01:34
87	132	Düe, Björn	Feuerwehr Menden	M35	5	02:02:05
88	102	Harras, Wolfgang		M55	9	02:03:49
89	199	Kruse, Simone	LT TUS Iserlohn	W35	<b>2</b>	02:03:50
90	198	Grünwald, Angela	LT TUS Iserlohn	W40	6	02:03:50
91	112	Geitzenauer, Janik		M	12	02:03:50
92	108	Daubitz, Mark		M40	13	02:05:18
93	146	Kaes, Markus	Lauf Team Unna	M45	16	02:05:49
94	138	Hesse, Dirk	Intersport Hesse	M45	17	02:06:43
95	214	Rothenbusch, Daniel	TUS Oeventrop	M40	14	02:07:45
96	142	Wrobel, Michaela	Lauf Team Unna	W45	<b>2</b>	02:07:56
97	128	Siering, Dirk		M50	12	02:10:40
98	202	Pagels, Simone	TVE Netphen	W40	7	02:11:51
99	175	Heppe, Daniela	slow motion	W45	<b>3</b>	02:12:20
100	217	Gatzia, Irini		W40	8	02:14:55
101	203	Schroeder, Sabine	Marathon-Club Menden	W50	<b>2</b>	02:17:38
102	144	Pereira, Isabell	Lauf Team Unna	W50	<b>3</b>	02:18:02
103	213	Albrecht, Birgit		W50	4	02:19:19
104	207	Hesse, Dieter		M65	<b>1</b>	02:20:25
105	195	Grenda, Olaf	Cashbox-Iserlohn	M45	18	02:21:56
106	176	Droop, Petra	slow motion	W40	9	02:25:05
107	125	Niehof, Thomas		M45	19	02:30:28
108	220	Luczynski, Lukasz		M30	6	02:49:58
109	191	Gerkensmeier, Silke		W50	5	02:51:20